

## Traveling by Air with Your Ankle

### BATTERY GUIDANCE

Currently, the FAA allows passengers to carry on board all consumer-sized lithium ion batteries (up to 100 watt hours per battery). The capacity of the BiOM and emPOWER batteries is within allowable parameters at 30 watt hours per battery. When traveling by air, spare batteries should be stored in carry-on luggage only and must be protected from damage and short circuit. The FAA restricts the transportation of lithium-ion batteries in checked baggage whether at the gate or planeside.

To prevent short circuits, keep spare batteries in their original packaging, a battery case, a plastic bag, or a separate pocket. Make sure loose batteries can't move around. Placing removable tape over the terminals of unpackaged batteries also helps to insulate them from short circuit.



The FAA restricts the number of lithium ion batteries to up to 160 watt hours combined. Additionally, the FAA requires the batteries to be for personal or professional use. Batteries carried for resale or for distribution by a vendor are restricted from transportation via carry-on or checked baggage. You can pack battery chargers in carry-on and checked baggage as long as precautions are taken against the risk of short circuiting. If the charger has an electrical cord, be sure to wrap it tightly around the charger.

When traveling by air, it is recommended to inform TSA security and flight attendants about your possession of lithium ion batteries and that they are for a prescribed medical device. **Before you travel, visit the FAA website for the most current information ([www.faa.gov](http://www.faa.gov)).**

### EXAMPLES OF AIRLINE SPECIFIC POLICIES - Check with your airline for airline specific policies.

American Airlines	Delta Air Lines	JetBlue Airways
<p>Remove batteries from devices in your checked bags and put them in your carry-on baggage in separate plastic bags.</p> <p><a href="http://www.aa.com/i18n/travelInformation/baggage/restricted.jsp?locale=en_HK">www.aa.com/i18n/travelInformation/baggage/restricted.jsp?locale=en_HK</a></p>	<p>Pack spare batteries in carry-on baggage. Place each battery in its own protective case, plastic bag or package. Take steps to prevent crushing, puncturing, or putting a high degree of pressure on the battery.</p> <p><a href="http://www.delta.com/content/www/en_US/traveling-with-us/baggage/before-your-trip/restricted-items.html">www.delta.com/content/www/en_US/traveling-with-us/baggage/before-your-trip/restricted-items.html</a></p>	<p>Lithium ion batteries must be carried in carry-on baggage only and battery terminals protected from short circuit. The customer must advise the airline of the battery location. The airline must notify the Pilot-in-command of the battery location in the cabin.</p> <p><a href="http://help.jetblue.com/SRVS/CGI-BIN/webisapi.dll?New,Kb=askBlue,case=obj(2319)">help.jetblue.com/SRVS/CGI-BIN/webisapi.dll?New,Kb=askBlue,case=obj(2319)</a></p>

### TSA ADVANCED ASSISTANCE

TSA Cares is a helpline that provides travelers with disabilities, medical conditions and other special circumstances additional assistance during the security screening process. Call 72 hours prior to traveling with questions about screening policies and procedures. Contact TSA Cares at (855) 787-2227. Although it will not exempt you from screening, a TSA Notification Card may save explanation time at the checkpoint. [This card can be completed and downloaded here.](#)

